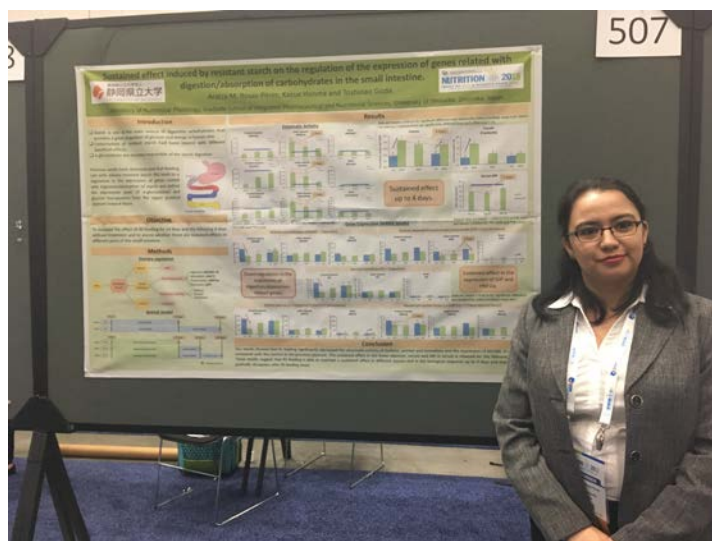


Poster presentation at American Society for Nutrition 2018

I participated in the congress of the American Society for Nutrition 2018 held in the Hynes Convention Center in Boston, Massachusetts, USA from June 8 to June 12. On June 11, I had the opportunity to present a poster with the title: “Sustained effect induced by resistant starch on the regulation of the expression of genes related with digestion/absorption of carbohydrates in the small intestine” which is part of my doctoral research. During the poster presentation I talked about my research project with different researchers from different parts of the world. One of the advantages of my participation in an international conference is the invaluable opportunity to meet researchers from different institutions and share ideas about the new tendencies in nutrition sciences. This experience gave me a new perspective and fresh ideas to continue to improve my knowledge and my research project.

In addition to my poster presentation, I attended lectures on various interesting topics in nutrition research, as well as lectures on new trends in food and health. Also I had the opportunity to meet different companies and tried samples of new healthy products.

Overall, my participation in the ASN Nutrition 2018 congress was an enriching experience both professionally and personally.



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